



Corporate Massage

An Investment in employee wellbeing

01 Corporate Wellness

Why Workplace Wellness Matters

In today's fast-paced work culture, employee wellbeing isn't a luxury — it's a necessity. When your team feels their best, they perform their best. Our on-site corporate massage services bring relaxation directly to your workplace, helping staff recharge, reduce tension, and maintain focus throughout the day allowing them to be more productive.

A small investment in wellbeing delivers big results: happier teams, higher productivity, and a stronger company culture.



STRESS REDUCTION

Massage reduces cortisol (the stress hormone) by up to 31% and increases serotonin and dopamine.



BOOSTS PRODUCTIVITY

On-site massage helps employees recharge, improving focus, energy, and overall productivity by up to 20%



SHOWS YOU CARE

It positions your company as modern, people-focused, and health-conscious.

02 Occasions

- Employee Appreciation Days
- Wellbeing Weeks
- Training days
- Stressful Periods
- Team Building & Company Events
- Holiday or Festive Seasons
- New Hire Welcome
- Conferences
- Business success or milestones

Any day you want employees to feel appreciated, reduce stress, or perform at their best is a perfect occasion for corporate massage.

Pricing

On-Site Corporate Massage

PLAN 1

- 1 Massage Therapist
- 4h Half Day 9:00-13:00
- 12 employees x 15 minutes each
- 16 employees x 10 minutes each
- Perfect for small businesses

£199.99

PLAN 2

- 1 Massage Therapist
- Full Day 9:00-17:00
- 22 employees x 15 minutes each
- 30 employees x 10 minutes each
- Includes 30 minute break for therapist

£299.99

PLAN 3

- 2 Massage Therapists
- Full Day 9:00-17:00
- 44 employees x 15 minutes each
- 60 employees x 10 minutes each
- Includes 30 minute break for therapists

£499.99

Every corporate massage booking is tailored to your company's needs, so the best way to get an accurate quote is to speak with our team via email and schedule a phone call. These are example prices and will vary depending on:

- Number of Employees: We may require multiple massage therapists or longer sessions.
- Number of Hours / Sessions: Half-day, full-day, or recurring sessions can all be arranged.
- Number of Days: One-off sessions, weekly programs, or monthly packages.
- Availability & Scheduling: Weekday, weekend, or specific time requests may affect pricing

Plan

01

Arrival & setup (30 minutes before first appointment)

- Therapists arrive 30 minutes before the first booked slot.
- Organiser meets the therapists and hands over:
- The printed appointment list (names + times).
- Any access instructions and emergency contact.

02

Appointment flow & timing (how each session runs)

- Clients arrive a few minutes before their slot.
- Therapist calls the client
- There is a short buffer of 5 minutes between appointments.
- Session sequence: greeting → consent → massage → finish.
- If a client is late by more than 5 minutes, therapist adjusts session length to keep the schedule running.

03

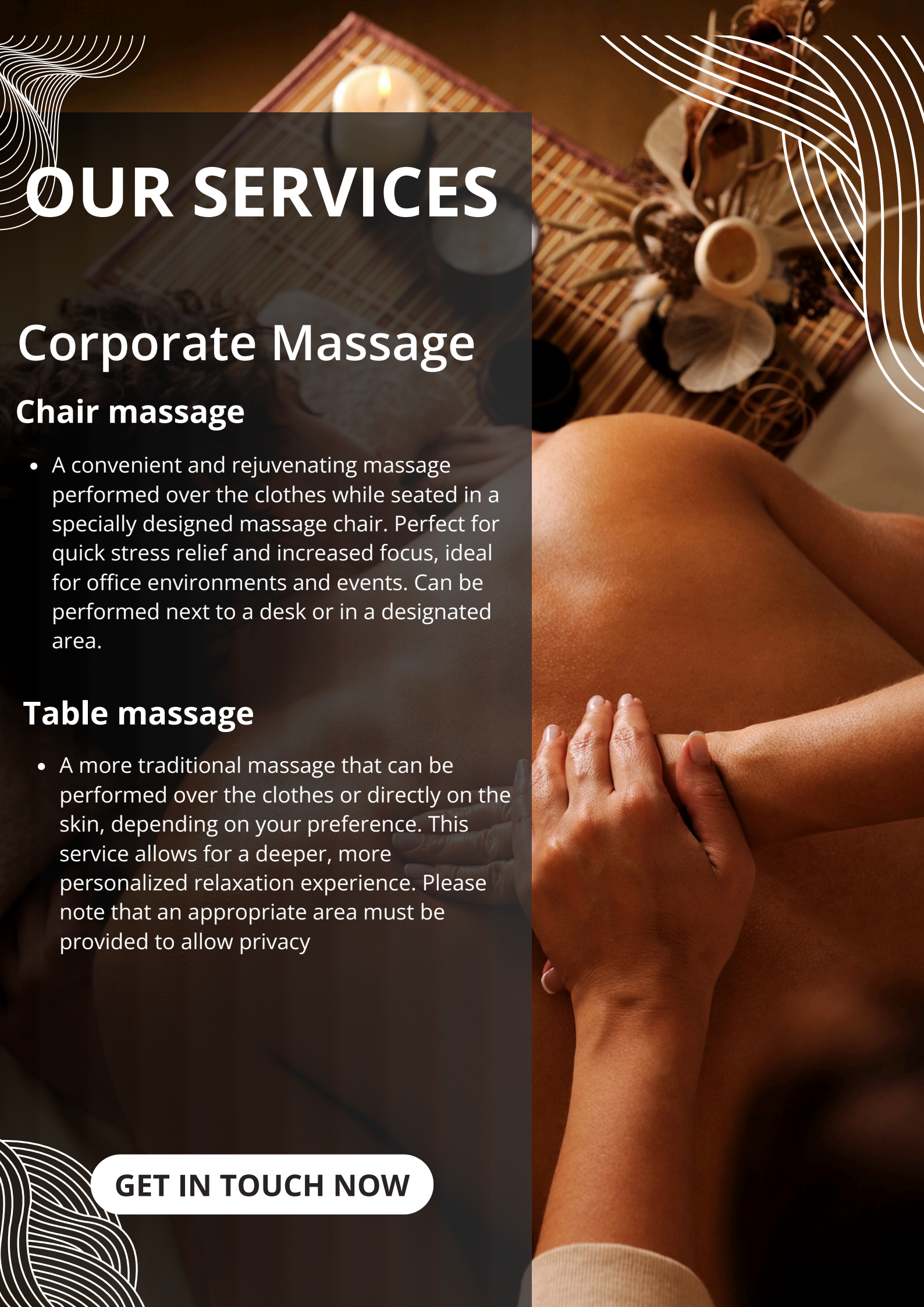
Mid-day operations & on-the-day adjustments

- Therapists take scheduled breaks as per schedule.
- Walk-ins: if time allows, the organiser can offer any short available slots; record names on the appointment list.
- You can keep a visible timetable (whiteboard or printout) in the waiting area so staff see remaining slots and wait times.

04

Pack-down, feedback & follow up

- At the end of the block the therapists will: tidy and pack equipment, dispose of rubbish and confirm completed slots on the appointment list.
- Therapists will brief the organiser on any notable feedback or concerns.



OUR SERVICES

Corporate Massage

Chair massage

- A convenient and rejuvenating massage performed over the clothes while seated in a specially designed massage chair. Perfect for quick stress relief and increased focus, ideal for office environments and events. Can be performed next to a desk or in a designated area.

Table massage

- A more traditional massage that can be performed over the clothes or directly on the skin, depending on your preference. This service allows for a deeper, more personalized relaxation experience. Please note that an appropriate area must be provided to allow privacy

GET IN TOUCH NOW

01 Massage Vouchers

If corporate massage isn't for you

We also offer bulk voucher orders for companies, whether you're looking for vouchers for 10 employees, 50 employees, 100 employees, or more.

If this is something your company might be interested in, do get in touch with us to discuss your requirements.

Each voucher can be used by the recipient towards any of our 1-hour treatments, giving them the flexibility to choose the treatment that suits them best.



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- Conferences
- Business success or milestones
- Christmas Time

VOUCHERS

Can be printed and sent.

Can be sent via email and then printed by your company.

VALIDITY

Vouchers do not have an expiration date, and also can be used, gifted, passed on.

Contact Us

An Investment in employee wellbeing



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